# Pharmacology & Toxicology Graduate Student Organization Mentor Match Program

## Overview

The program will match graduate students of the Pharmacology & Toxicology Graduate Student Organization with mentors in a field of their interest. This provides an opportunity for students to build connections and network with senior students and professionals. For students who either hope to get into academia or fill non-academic positions, it is essential for all to build professional relationships with individuals working in that field. Mentors will be available to discuss their education, career and work-life balance with the mentee as well as be a source of guidance for their professional development.

## **Details**

Once we collect the names of the students that would like to participate and their preferences for mentors, the Professional Development committee will match them to suitable mentors. Mentors may be senior graduate students & alumni of the Pharm-Tox program & other department contacts at MSU. Additionally, if a student would like to get in touch with a particular mentor who is not an alumnus of the Phm/Tox program or MSU, the committee can serve as a liaison and initiate communication. Mentors will be required to initiate communication with their available discussion mentee and be for questions and with their mentee. For the initial meeting the mentor will be requested to be available for an in-person meeting (if local), Skype or phone conversation with their mentee. Further meetings will be arranged by the mentor and mentee at this initial meeting. The mentor is asked to be available to their mentee by email for one year. Contact with their mentee beyond this time is optional but encouraged. Participation in this program is fully voluntary. If any party needs to end their participation before the year is over, the Professional Development Committee will attempt to provide a new mentor or mentee.

## **Evaluation**

At the conclusion of the academic year, an evaluation survey will be sent to the mentor and the mentee to establish whether 1) the mentor would like to continue with program and be matched with other students, 2) the mentee had a positive experience and 3) to ask for feedback in order to improve the program.

# How to participate

If you want to be matched with a mentor fill out the following application and submit it to Nikita Joshi (Professional Committee Chair) by October 15<sup>th</sup>, 2014 in person or email: joshinik@msu.edu

The Professional Development Committee will review requests and communicate with you on the status of your mentor match within two weeks.